

COMISIÓN NACIONAL DEL MERCADO DE VALORES

CALLE EDISON, Nº 4

28006 MADRID

Madrid, 30 October 2018

Subject: Communication of a Material Fact.

Dear Sirs,

We hereby notify you that the Board of Directors of Naturhouse Health, S.A. ("Naturhouse"), which met today, has agreed to confirm the appointment of doña Marta Gil de Biedma Rodríguez-Salmones as Non-Board Member vicesecretary of the Board of Directors. The aim of said confirmation, which has been granted with the favourable report of the Appointments and Remuneration Committee.

This information is provided for the purposes of the terms set forth in article 228 of the Securities Market Law and related regulations thereof.

Please do not hesitate to contact us should you require any further clarification or information.

Yours faithfully,

Naturhouse Health, S.A.

Signed: Maria Pardo