



COMISIÓN NACIONAL DEL MERCADO DE VALORES

CALLE EDISON, Nº 4

28006 MADRID

Madrid, 23 July 2018

Subject: Communication of a Material Fact.

Dear Sirs,

We hereby notify you that the Board of Directors of Naturhouse Health, S.A. ("Naturhouse"), which met on 20th of July, has agreed to confirm the appointment of François Gaydier as Managing Director of the French subsidiary of Naturhouse Health S.A. The aim of said confirmation, which has been granted with the favourable report of the Appointments and Remuneration Committee, is to bolster the subsidiary in France and boost growth over the coming years.

Before joining Naturhouse, François Gaydier occupied a number of senior management roles as Vice President of Kiluva and CEO and Board Member at Natraceutical for six years, where he led the recent merger with Laboratorio Reig Jofre. He was also Managing Director of Forté Farma and previously worked as International Director at Procter & Gamble and Wella-Cosmopolitan Cosmetics. François has a degree in Business Administration and Management and an MBA from ESCP Europe. He speaks French, English, German, Spanish and Portuguese.

This information is provided for the purposes of the terms set forth in article 228 of the Consolidated Text of the Securities Market Law and related regulations.

Please do not hesitate to contact us should you require any further clarification or information.

Yours faithfully,

Naturhouse Health, S.A.

Signed: Maria Pardo